Session One – January 8, 2019

Evidence Based Medicine & Journal Club
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Session Outline
- Introduction to Journal Club curriculum
- Overview of evidence based medicine
- PICO questions
- Introduction to web resources for this course
- Building an effective and efficient search in PubMed

Journal Club curriculum

Goals and Objectives
After completing this course, you will be able to:

1) Recognize a patient problem and construct a well-built clinical question (PICO)
2) Effectively and efficiently search information resources to retrieve the best available evidence to answer the clinical question
3) Critically appraise the evidence (literature)
4) Understand and interpret study results
5) Integrate the evidence with all aspects of individual patient decision making to determine the best clinical care options for the patient

What is EBM?

A systematic approach to clinical problem solving which allows the integration of the best available research evidence with clinical expertise and patient values.


Clinical Problem > Clinical Question

- Patient or Problem
- Intervention
- Comparison (optional)
- Outcome
QUESTIONS?

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