Examples of general health information books owned by the Bismarck Public Library...

- *Anatomica: The Complete Home Medical Reference* by Ken Ashwell
- *The Healthy Woman: A Complete Guide for All Ages*
- *Treat Me, Not My Age* by Mark Lachs
- *Ultimate Medical Encyclopedia* by Martine Podesto
- *The Gale Encyclopedia of Surgery and Medical Tests*
- *Men’s Health Concerns Sourcebook*

Online Resources @ Bismarck Public Library

*Alt HealthWatch*
...Focuses on the many perspectives of complementary, holistic and integrated approaches to health care and wellness.

*Consumer Health Complete*
...Comprehensive resource for consumer-oriented health content.

*Health Source: Consumer Edition*
...Rich collection of consumer health information.

Free Internet Sites

*Mayo Clinic-Diseases & Conditions*
www.mayoclinic.org/diseases-conditions

*Merck Manuals Online* (includes diagnosis & therapy and patient symptoms, and home health handbook) www.merckmanuals.com/

*Prepare for Your Care*
https://www.prepareforyourcare.org/

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Material contained in these books, databases, and websites is intended for informational purposes only and does not replace advice from your nurse, doctor or pharmacist! These professionals are the best people to answer questions about your personal health.