# Information for Patients

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General Health Information

Resources for Medical Information

MedlinePlus.gov
Trusted health information for you!

MedlinePlus is the National Institutes of Health's website for patients and their families and friends. MedlinePlus offers reliable, up-to-date health information, anytime, anywhere, for free.

American Academy of Family Physicians

American Heart Association

Center for Disease Control and Prevention

ClinicalTrials.gov

HealthFinder.gov

Health Hotlines

HealthWeb Navigator

iTriage Health

Mayo Clinic

Medicine.Net

National Health Information Center

National Institutes of Health- Health Highlights

NetWellness

World Health Organization (WHO)

USA.gov- Health Information

*Please report any non-working links to the library*
Dictionaries of Medical Terminology

- Evaluating Health Information Tutorial
- Human Anatomy Online: Interactive Anatomy Exploration Tool
- MedicineNet.com: MedTerms Medical Dictionary
- MediLexicon.com: Medical Dictionary, Medical Abbreviations, Medical Terminology, and more
- MedlinePlus: Medical Dictionary
- Understanding Medical Words Tutorial

Resources in North Dakota

- First District Health Unit
- Healthy North Dakota
- North Dakota Compass
- North Dakota Department of Health
  - North Dakota Department of Health - Disease Information
- North Dakota Health Information Network

Health Insurance/Prescription Drug Finders

- American Medical Association- Doctor Finder
- Healthcare.gov
- Prescription Connection for North Dakota
- Rx Assist

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Disorders & Conditions

Cancer

American Cancer Society
American Institute for Cancer Research
CancerCare.org
Cancer.Net
Find a Cancer Doctor
Cancer Risk Questionnaire- Siteman Cancer Center
Cancer Survivors: Managing Your Emotions After Cancer
Centerwatch- Connecting People to Clinical Trials
ClinicalTrials.gov
Medical Terminology for Cancer
MedlinePlus: Cancer
National Cancer Institute
    Dictionary of Cancer Terms
    List of Designated Cancer Centers
Office of Cancer Complementary and Alternative Medicine
OncoLink
Talking to You Doctor: About Cancer
Understanding Your Cancer Prognosis
Videos of Surgical Procedures

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Diabetes

American Association of Diabetes Educators

American Diabetes Association

My Food Advisor (Recipes)

American Heart Association

Be Active When You Have Diabetes: Booklet

ClinicalTrials.gov

Diagnosis of Diabetes & Prediabetes

Diabetes in the United State (Center for Disease Control and Prevention)

Directory of Diabetes Organizations

FamilyDoctor.org: Diabetes Overview

Five Ways Older Adults can be More Active

Food & Drug Administration: Food Safety for People with Diabetes

Harvard School of Public Health Diabetes Risk Index

MedlinePlus: Diabetes

MedlinePlus: Prediabetes

National Diabetes Education Program

National Institute of Diabetes and Digestive and Kidney Diseases

Prediabetes: What You Need to Know

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Digestive Diseases

American College of Gastroenterology: Digestive Health Tips

Find a Gastroenterologist

American Society for Gastrointestinal Endoscopy: Find a Doctor

ClinicalTrials.gov

International Foundation for Functional Gastrointestinal Disorders

Definitions of Digestive Terms

Personal Relationships and Digestive Disorders

MedlinePlus: Digestive Diseases

National Institute of Diabetes and Digestive and Kidney Diseases- Digestive Disease Information

Stool Color: When to Worry

Your Digestive System and How It Works

Digestive System: The Inside Story by John Hopkins (Video Tutorial)

Genetic Conditions

Genetics Home Reference

GeneEd

MedlinePlus: Birth Defects

MedlinePlus: Topics in Genetics

National Human Genome Research Institute

Glossary of Genetic Terms

*Please report any non-working links to the library*
Heart Conditions

10-Year Heart Attack Risk Calculator (National Institutes of Health)

American Heart Association

Heart-Healthy Recipes

Heart Attack or Sudden Cardiac Arrest: How Do They Differ?

Lifestyle Changes for Heart Failure Patients

Managing Your Medications

What are Heart Disease & Stroke?

ClinicalTrials.gov

Heart Disease Risk Index (Harvard School of Public Health)

Heart Health (National Institute on Aging)

Living with Congenital Heart Defect (Center for Disease Control and Prevention)

MedlinePlus: Heart Diseases

MedlinePlus: Topics in Blood, Heart, and Circulation

National Heart, Lung, and Blood Institute

Heart Attack: Know the Symptoms and Act Fast

Guide to Lowering Cholesterol

Lower your Blood Pressure with DASH

What Causes Heart Murmurs?

What is Heart Surgery?

Videos of Surgical Procedures

*Please report any non-working links to the library*
Mental Health

American Psychiatric Association

Find a Psychiatrist

Warning Signs of Mental Illness

What is Psychiatry?

ClinicalTrials.gov

MedlinePlus: Mental Health

MedlinePlus: Topics in Mental Health & Behavior

Mental Health America

Topics in Mental Health A-Z

MentalHealth.gov

What is Mental Health?

MentalHealth.org

National Alliance on Mental Illness

Infographics & Fact Sheets

National Institute of Mental Health

Substance Abuse and Mental Health Services Administration

Action Planning for Prevention and Recovery

Center for Mental Health Services

Find Help & Treatment

What is Normal Adult Mental Health? (Mayo Clinic)

*Please report any non-working links to the library*
Reproductive Health

American Society for Reproductive Medicine

Educational Videos

Center for Disease Control and Prevention: Reproductive Health

MedlinePlus: Birth Control

MedlinePlus: Topics in Genetics & Birth Defects

MedlinePlus: Topics in Pregnancy & Reproduction

MedlinePlus: Topics in Sexual Health Issues

National Institute of Child Health and Human Development

Health & Human Development Topics A-Z

Pregnancy & Baby (Nemours Foundation)

WomensHealth.gov (Department of Health and Human Services)

Stroke

American Heart Association

Stroke Treatment & Prevention

American Stroke Association

MedlinePlus: Stroke

National Heart, Lung, and Blood Institute

What is Stroke?

National Institute of Neurological Disorders and Stroke

Brain Basics: Preventing Stroke

*Please report any non-working links to the library*
Substance Abuse

American Liver Foundation

Alcohol-Related Liver Diseases

Drug Enforcement Administration

How to Identify Drug Paraphernalia

DrugFree.org

MedlinePlus: Alcoholism and Alcohol Abuse

MedlinePlus: Drug Abuse

MedlinePlus: Quitting Smoking

MedlinePlus: Topics in Substance Abuse

National Institute on Alcohol Abuse and Alcoholism

Signs of Abuse and Addiction

National Institute on Drug Abuse

Drug Facts (Video Tutorial)

Medical Consequences of Drug Abuse

Seeking Drug Abuse Treatment: Know What to Ask

Treatment Approaches for Drug Addiction

Substance Abuse and Mental Health Services Administration

Alcohol and Drug Treatment: How It Works and How It Can Help You

Substance Abuse Treatment Facility Locator

What is Substance Abuse Treatment? A Booklet for Families

*Please report any non-working links to the library*
Health & Wellness

Complementary & Alternative Therapies

American Osteopathic Association

CARDS- Computer Access to Research on Dietary Supplements

Herbs at a Glance

National Center for Complementary and Integrative Health

National Institute of Health Office of Dietary Supplements

MedlinePlus: Complementary & Alternative Therapies

MedlinePlus: Herbs & Supplements

Office of Cancer Complementary and Alternative Medicine

Diets for Medical Conditions

American Cancer Society: Healthy Recipes

American Diabetes Association: My Food Advisor

American Heart Association: Heart-Healthy Recipes

American Heart Association: Recipes for Blood Pressure Management

Celiac Support Association: Gluten Free Recipes

DASH Diet

Food Allergy Research & Education

MedlinePlus: Weight Control

*Please report any non-working links to the library*
Drug Information

Drug Information Portal

Food and Drug Administration

Generic Drugs: Questions & Answers

Teaching Kids about Medicine Safety (Video Tutorial)

Institute for Safe Medication Practices

MedlinePlus: Drugs, Herbs, and Supplements Catalog

MedlinePlus: Over-the-Counter Medicines

Pillbox

Environmental Health & Toxicology

Agency for Toxic Substances and Disease Registry

CDC’s National Center for Environmental Health

Household Products Database

MedlinePus: Topics in Disasters

National Institute of Environmental Health Sciences

Environmental Diseases A-Z

Environmental Health Topics A-Z

TOXNet: Toxicology Data Network

US Environmental Protection Agency

Protecting Children’s Environmental Health

*Please report any non-working links to the library*
Food & Nutrition

ChooseMyPlate.gov

Food & Drug Administration Recalls, Market Withdrawals & Safety Alerts
FoodSafety.gov

MedlinePlus-Food Safety
MedlinePlus-Nutrition

Nutrition.gov

United States Department of Agriculture-National Agriculture Library
Dietary Guidelines for Americans

United States Department of Agriculture-Current Recalls and Alerts

Preventative Medicine

10-Year Heart Attack Risk Calculator (National Institutes of Health)

AHRQ: Prevention and Health
AHRQ: Preventative Health Screenings for Men at Any Age
AHRQ: Preventative Health Screenings for Men +50
AHRQ: Preventative Health Screenings for Women at Any Age
AHRQ: Preventative Health Screenings for Women +50

Cancer Risk Questionnaire (Siteman Cancer Center)

Heart Disease Risk Index (Harvard School of Public Health)

My Family Health Portrait

*Please report any non-working links to the library*
Social/Family Issues

HealthyChildren.org

- Improving Family Communications
- Normally Functioning Family

International Child Advocacy Network (ICAN)

MedlinePlus: Divorce

MedlinePlus: Topics in Social and Family Issues

American Academy of Child & Adolescent Psychiatry

Military Families

National Association of Social Workers: Find a Clinical Social Worker

Wellness/Lifestyle

EverydayHealth.com

Greatist.com

Health.com

MedlinePlus: Ergonomics

MedlinePlus: Exercise and Physical Fitness

MedlinePlus: Healthy Living

MedlinePlus: Topics in Wellness & Lifestyle

MindBodyGreen.com

National Institutes of Health

*Please report any non-working links to the library*
Health Topics by Demographics

Children/Teenagers

- KidsHealth (Nemours Foundation)
- GirlsHealth.gov
- HealthyChildren.org
- MedlinePlus: Childrens’ Page
- MedlinePlus: Teens’ Page
- MedlinePlus: Topics in Children Health
- MedlinePlus: Topics in Teen Health
- National Institute of Child Health and Human Development
- National Institute of Mental Health- Children and Adolescence
- SAFEKids Worldwide
- Protecting Children's Environmental Health (U.S. Environmental Health and Protection Agency)

Men

- AHRQ: Preventative Health Screenings for Men at Any Age
- AHRQ: Preventative Health Screenings for Men +50
- American Cancer Society: Men’s Health
- American Society for Men’s Health
- MedlinePlus: Topics in Men’s Health

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Seniors

AHRQ: Living A Healthy Lifestyle
Administration on Aging
American Geriatric Society
ClinicalTrials.gov
Health in Aging
Mayo Clinic- Healthy Aging
MedlinePlus: Seniors’ Health
National Institute on Aging
National Institutes of Health- Senior Health

Women

AHRQ: Preventative Health Screenings for Women at Any Age
AHRQ: Preventative Health Screenings for Women +50
American Cancer Society: Women’s Health
American Heart Association: Women
HealthyWomen.org
Mayo Clinic: Women’s Health
MedlinePlus: Topics in Women’s Health
Office of Research on Women’s Health
Society for Women’s Health Research
WomensHealth.gov (Department of Health and Human Services)

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Various Populations

MedlinePlus: African American Health

MedlinePlus: Asian American Health

MedlinePlus: Gay, Lesbian, Bisexual, and Transgender Health

MedlinePlus: Native American Health

MedlinePlus: Native Hawaii and Pacific Islander Health

MedlinePlus: Veteran and Military Family Health

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